

SM Exhibit J

- Face to face  
TK Phone  
Contact

4/13/09 - FIVE Ps addition Scholcraft

on job since 02,  
4/33,

HR/HR

Chest pain of Calvin started in work situation, like  
rest, & heavy person. Chest tightness. ERG's advised,  
a few weeks ago, on 4/3/09, was off duty at home  
& felt bad, Fast week, Chest tightness. Could feel heart  
(Never had nervousness)  
flipped

Lorazepam  
Injection

flipping, not rapid heart beats. Fast like heart beats  
when doesn't sleep well. → ER in first weeks. gave injection of  
Lorazepam & woke up feeling great. Took 2 tabs end of next 2 nights but didn't sleep.  
2nd few months started getting blisters on feet (More foot pain  
now?) yes. Since Nov. B+ d'n are comfortable  
on foot then in RMP. Can be too small for me  
People's make it easier, it could. Use in May before then  
& then last way blisters in sole shoes. Would rather walk alone  
(rather) be in hospital

Notes

Stomach pain ~6 months, Diarrhea & constipation alternate  
for it. ~2 months ago (PCP) prescribed Serenel. (L)  
(for sleep & stress?) for sleeping, I think.

Doesn't visit <sup>notes</sup> met until recently, hadn't seen - he since got  
out of jail, met - since 94

Trouble sleeping ~3 months, (7) woke 4x/2 (?) gets back ~5 AM.  
(b/c can't sleep?) Reports on how few weeks they have  
notes & report of cigarettes like TV's, gets up ~1 PM, 12 PM

(wake up day night?) No,

(Fall asleep at 5 or get in bed at 5?) Sleep at 5,

(No 8 hr) Rk (?) This is 1x/2-3 days.

Off her couch to bed, gets up at ~~9~~ 9-10 AM to  
get it done. So 4-5 hours. — 4-5

(?) 8 hr on RDO's;

Doing work week, 3 out of 5 days gets 4-5 hours.  
Feels run down <sup>down</sup> under when it won't stop when he  
can work regular hours. But other seem to handle it  
well.

"I eat crap" when it works. — physical

Wants to eat meat for <sup>stomach</sup> stress, even he keeps  
putting it off, but doesn't eat & hard to carry food  
around on foot. Rk

got referred to see nutritionist & psychiatrist.  
wants a better lifestyle.

Drinks too much soda (not diet) L

Smokes with 7-11 at 3 AM of junk food

(With problems?) He been told to write me soon.

don't know yet but says "2.5", been started on <sup>physical</sup> treatment.

He applied it, next day ~~had~~ had sign on back

says (if you don't like your job, get another one)

Doesn't delay. Can't even know how to go about doing an

appet. He hired a laborer (cost \$5000 return)

laborer cost. cost \$300

Out of 4/13/09 F/F = PO admission check

Union <sup>would</sup> might help & delays but they don't do.  
 even says he's been returned & could check, but  
 he never was, no money, NO Woburn.

2/25/07, MOS, delegate - 8/9 Summary in - now, not Co 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 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2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 220



at court could 541, <sup>probably</sup> Blatch County Court first white 10 1/2  
Cape Breton badly not a racist thing; when it came for there was  
was lower white trash, we have middle class, Blatch poor white trash  
no prob, with blocks of white in many, Blatch Cape Breton  
on the county, place where he is assigned, Ottawa Indian job  
Note has people in community talk to each other & treat each other,  
this just part of infant of biggest lawsuit today Lots of white Cape Breton & C.O.

10. Kallio's opinion: "Jahat's people very well, not any  
but wonder at they coming here. - but in the early 19th century  
up & find...

Was - <sup>Melrose</sup> Melrose Way, Jett Noy in '97

Hasn't been to dentist since end of May

even in sewing points his toes, I lost him to dentist

parents 155k income, 2 kids

Mothe died of cancer 5 yrs ago. The cure best the

Let out of me & my father. Father about 2000, 1900.

Further, near Albany, we killed a specimen of *D. U2* / *P. m. l. l.*

Father is 53, 175 lbs, 2/07, Father has hypertension

body state greedy off man. looked, searched like mad struts

*[Handwritten notes:]*

Jake found out [unclear] pl. & drive her away from [unclear]  
[unclear] / cocaine + [unclear] security  
Cocaine

5th at 10:30 AM (approx) could not find

1/20/2020 11:45 AM The book is very good.

differs, no one is finally the speaker. Each is the

Officer for each was only "five" -

Wt at Fish on Salmon: 3 months later better now.

not use a left foot & still has that Syndrome, only among in

1947 1948

\_\_\_\_\_



< Super by T/C R Khan >

called by Khan

Plan: Temp removal of F/A pending final decision to remove  
R Propper, Dr. Propper.

Feedback given MOS

Provided MOS to psychologist on mind-body connection &

urged him to see a psychologist who specializes in the ego, the ego

also recommended med. but to a psychiatrist instead of his

PCP but he declined, preferring alternative if possible

Don't want meds

F/A removal coordinated by LT MDHula & carried out  
by Sgt. Michael of Advanced Control & Po Transfer of Med. B. 11s.

Sgt. Bollinger ran the F/A checks: 2 F/A, 30 r. should  
work at Med. Div. / Shred like in Locker, 2 guns

Went at home & ID card was on his person, MOS cooperative, but  
doesn't want R/D @

C. J. Smith, prop

4/14/09 - Super by R Propper, - Plan on R/D

4/14/09 - T/C R Khan, Dr. J. M. off Med. Div. &  
resting relatively to F/D.

C. J. Smith, prop

4/14/09 - Warned MOS about R/D decision - C. J.

4/15/09 - T/C MOS. Explains duty status decision

He is apologetic it & does not intend to return to work

repeatedly said "Why, hell of am entertaining the idea of seeing a  
psychologist?", even though I repeatedly explained that his physical state of stress  
are in need of this. He admitted the "change" on r. d. (again) that R/D  
is not a disciplinary action. He wants to monitor him & exchange the so he can get  
better & get back to F/D. He verbally reconciled R/D's signal on 4/13/09.  
He will follow up that in writing

C. J. Smith, prop



c 12/1/09/04

## FITNESS FOR DUTY INTERVIEW FORM

INTERVIEWER Dr LamstenDATE 4/13/09NAME Po Adrian SchoolcraftCURRENTLY LIVES WITH SelfFAMILY OF ORIGIN  
(parents, siblings)Parents marital status parents married 21/ mother's death

Deaths

Problems (e.g. serious illness)

Number of siblings 2 s, 1 b in TX, NO contact since mother died, after was left off  
Past and current relationship with family 2d c father  
Nday, she & parents had probs & in 1984 father  
she was alone & greatly depressed at 19,

MARITAL STATUS

Married

Single

Divorced

Single

no first date

Children 0

Dating pattern (if married)

Describe relationship  
(length, quality)

Resolution of conflicts

FRIENDS (close)

Number 4-5 2 part 2 & 1 woman(would talk about past stuff like that?) no, 1st  
On or off job with, NO 8/22/08Years known oldest friend  
Sees how often

ALCOHOL USAGE

Alcohol in week none in at least a yr just for the in 5 days (before that?)Drank more 1-2How often has too much to drink once in 17-20 when he's alone, in last 24 hr in situation was once

Trouble after drinking

Blackouts 2x, in Nday

PHYSICAL FIGHTS SINCE APPOINTMENT TO P.D. (not line of duty)





Re: PO Adrian Schoulcraft  
 7/27/09 F/F E Mos

Re: them visit any. sleeping. Not being  
 write up for them at work since on R/D. They just leave  
 him alone. City, phone, taking complaint reports etc.

re: PO A. Schoulcraft

Dr. G. Pappas  
 G. Pappas

10/13/09

TC from P.C. Office, Sgt Bonilla  
 646-610-5410

PO Schoulcraft's father called "City Hall" and  
 spoke to Dep Mayor Slegler's assistant. The  
 father said that his son was never told why he is  
 on R/D. Sgt Bonilla reached out to PO  
 Schoulcraft who said he was never told why he  
 is on R/D.

I told Sgt Bonilla that Dr. Lantieri was  
 away, so could not report in an exact conversation, but I  
 read some notes which confirm she "gave feedback," and more.  
 I told that our policy is to make sure they know why  
 they are being placed in R/D (even if they may  
 disagree). We also try to direct MOS to places they  
 can get help, as Dr. Lantieri clearly did.

I told Sgt that Dr. Lantieri would call in  
 PO Schoulcraft as soon as she returns, <sup>and</sup> answer any  
 questions he may have. Sgt Bonilla said that was  
 fine - it ~~could~~ could wait for Dr. Lantieri's return.

Re: PO Adrian Schoenly  
10/27/09 - FIFEMOS

Ad explained to MOS that he called him in immediately upon my return from a 2 wk vacation b/c he received msg that his father made a complaint downtown that he never told MOS the reason why he is on R/P. Since we had discussed that in detail at his initial & subsequent visits, Ad emphatically expressed an uncertainty of how he may not have wanted to tell his father the reason why he was on R/P. To make sure that he has a clear understanding of why he is on R/P, Ad again explained in detail that he is on R/P b/c he had significant physical manifestation of stress that were causing much discomfort & would benefit from treatment & further monitoring.

MOS sd he no longer has those physical stress even though he is still facing the same stress as before. While on R/P, he is at least clear of PET daily with complaints all day long - not stressful to him, but not any less stressful (in his opinion) as regular F/P visits.

Ad again re-emphasized stress mgmt & relaxation training so the next time he is faced with new increased stress, he won't have a recurrence of the chest pain, headache, morning upset stomach, etc, that he had for several months when he 1st came to PETS. He said he bought both books Ad recommended & started reading them, but not that helped since not much he didn't know before. He thought the Burns book was kind of boring & preferred the Ellis book. He ~~wasn't~~ <sup>couldn't</sup> forget both books to today's appt & had Bookman in there, <sup>but</sup> not very far into them (so hasn't read much of them). He said he called a few people Ad recommended but none took a extra & one wanted \$400/hour <sup>& another sd he may not provide CBT</sup> - Ad told him he can't help him find an Action Therapist & to be sure they must have CBT for physical Ss of stress. He said he would call later & he provided # & name of his exact HMO plan so Ad can make sure the provider are in-network. MOS expressed an appreciation of the assistance.

Adrian Schoenly



10/27/09 - Mos called with his health insurance info.

C. J. P. P.

10/27/09 - T/C C Mos

I informed Mos that I found a number of psychologists in Forest Hills (his preferred location) who accept Aetna HMO & specialize in CBT, ARI, & Stress Mgt. He does not have a private pay machine so I offered to mail it to him. I also gave him the Aetna behavioral health care website for further reference as well as ELM & self-assessment tools.

C. J. P. P.

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Let me know if you need any further assistance.

Cathy Zmota, PsyD  
718-760-7695